





A Meal Program for Older Adults living in the RM of Macdonald

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 La Salle @ 11:45	2	3 Starbuck @11:45	4 Sanford @11:45	5	6
	Ham & Scalloped potatoes Presentation		Beef Stroganoff	Lemon Chicken	Holiday Luncheon	
7	8 La Salle @ 11:45 Holiday Meal Presentation	9	10 Starbuck @11:45 Holiday Meal MHRD Games	11 Sanford @11:45 Holiday Meal MHRD Games	12	13
14	15 Brunkild@ 11:45 Holiday Meal MHRD Games	16	17 Starbuck @11:45 Lemon Chicken	18 Sanford @ 11:45 Pork Cutlets	19	20
21	22 No Meal	23	24 No Meal	25 No Meal	26	27
28	29 No Meal	30	31 No Meal			
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Please call Leanne at 204-736-2255 to sign up no later a couple days before each week's meals.

We will try to accommodate special dietary requests. Menu subject to change.

Please call ahead to confirm. \$10 per person